

LEARN TO SKATE

2020 June to August Program Guide



Pre-CanSkate / CanSkate

Register On-Line!

Excellent Starting Point for: Hockey / Ringette / Figure Skating / General Skating

Mailing Address: P.O Box 31072, Edmonton, AB, T5Z-3P3
780-472-1810 / infofliteway@gmail.com / www.fliteway.ca
Coaching Director: Clyde Hammer hammerclyde@gmail.com

Welcome To Fliteway

Fliteway is a not-for-profit organization dedicated to providing skating opportunities to children of all ages, levels, and abilities. Located in North Edmonton, Fliteway offers a wide range of programming and services to meet all your skating needs.

Recreational Programs

- Pre-CanSkate
- CanSkate
- Recreational Figure Skating
- Active for Life (Adult) -available in the winter only
- Programming available for skaters with special needs

Figure Skating Programs

- STAR Academy
- STAR Group
- STAR Advanced
- Junior STARSkate
- Intermediate STARSkate
- Senior STARSkate

Accelerated Programming

- STAR Academy
- STAR Group
- STAR Advanced
- Pre-Competitive Program
- Competitive Program
- High Performance Program
-

Arena Locations

- Castle Downs Arena
- Clareview Arena (June ONLY)

Club Policies

- Registration is on a first come first serve basis and must be accompanied by full payment with a registration form.
- Payments can be made by *credit card* or *cash*
- Schedules are subject to change. Please check your newsletters and notices.
- The dates given in this brochure are the skating dates for the session

Refund Policies

- No make-up classes (this is to ensure quality and consistency in our programs)
- No refunds after the 1st day of classes for CanSkate
- Skate Canada Fee is non-refundable
- Classes will be pro-rated for members beginning after the start date (no omit dates after classes have started)

Questions

- Please email Clyde Hammer at hammerclyde@gmail.com or infoliteway@gmail.com

How to Register

• Register Online

Please register online through our website. This ensures all information is correct, and up to date.

Step 1 Visit our website at www.fliteway.ca

Step 2 Determine the classes you want

Step 3 Proceed to Registration (all classes will appear)

Step 4 Input your information to set up your account, add participant(s) information

Step 5 Select your classes (choose pay now option, or pay off-line in the club office option)

• Register In-person

Please check the front page of our website for up to date office hours.

Payment Options

- Fliteway accepts credit cards or cash (no cheques please)

Financial Assistance

- Applications and information regarding financial assistance is available in our club office or online through Jump START / Kidsport. To *reserve* your spot in the program a refundable cash deposit will be required. After Fliteway receives notice of approval from KidSport or JumpStart your cash deposit will be returned.

Skate Canada Membership Fee \$42.00

- The Skate Canada registration year begins September 1 and runs until August 31. Skate Canada sanctioned clubs are required to register all participants annually by September 1 or within two weeks of their start date. For more information regarding the Skate Canada Member and membership benefits, please visit www.skatecanada.ca

Equipment

- Skaters are required to wear approved Hockey Helmets and skates with good ankle support. Fliteway Recommends –
- United Cycle located in Old Strathcona, 4 Blocks South of Whyte Avenue at 7620 Gateway Boulevard NW, Edmonton 780.433.1181 / 1.800.361.8776 Toll Free / sports@unitedcycle.com

Skate Sharpening

- United Cycle
- Bladz Skate Shop

Pre-CanSkate (Ages 3 to 5 or first time skaters ages 6 to 9)

Pre-CanSkate is a learn to skate program for ages 3 to 5. Pre-CanSkate is designed to give skaters a positive first experience on the ice. Skaters learn through creative activities and teaching methods which are age appropriate. This program will focus on positive reinforcement, basic skating skills, and will prepare children for Fliteway's Skating Club CanSkate Program. All sessions (classes) include a 15 minute off-ice warm-up, and 30 minute on-ice instruction. Skaters will be placed in small groups according to age and skating level. **Pre-CanSkate is also for children ages 6 to 9 who have never been on skates or ice before.**

Pre-CanSkate Spring (June 2020)

Pre-CanSkate #6	Tuesdays	5:45-6:30pm	June 16,23	2 Classes	\$30	Clareview Arena
Pre-CanSkate #7	Thursdays	5:45-6:30pm	June 18,25	2 Classes	\$30	Clareview Arena

NOTE: CLAREVIEW ARENA

Pre-CanSkate Summer (July/August 2020)

Pre-CanSkate Camp #1	Mon-Thurs	5:45-6:30pm	July 6,7,8,9	4 Classes	\$60	Castle Downs
Pre-CanSkate Camp #2	Mon-Thurs	5:45-6:30pm	July 13,14,15,16	4 Classes	\$60	Castle Downs
Pre-CanSkate Camp #3	Mon-Thurs	5:45-6:30pm	July 20,21,22,23	4 Classes	\$60	Castle Downs
Pre-CanSkate Camp #4	Mon-Thurs	5:45-6:30pm	July 27,28,29,30	4 Classes	\$60	Castle Downs
Pre-CanSkate Camp #5	Tue-Thurs	5:45-6:30pm	Aug. 4,5,6	3 Classes	\$45	Castle Downs

CDA= Castle Downs Arena

CanSkate (Ages 4 and up)

CanSkate is the Skate Canada flagship learn to skate program. Skaters must be able to skate independently to qualify for this program. CanSkate focuses on fun, participation, and basic skill development. All classes are taught in a group format and are led by an NCCP certified professional coach. Skaters progress at their own rate in a progressive, and sequential badge program. CanSkate is an excellent starting point for children interested in pursuing figure skating, hockey, ringette, speed skating, or just an interest in acquiring basic skating skills.

CanSkate Spring (June 2020)

CanSkate #6	Tuesdays	5:45-6:30pm	June 16,23	2 Classes	\$30	Clareview Arena
CanSkate #7	Thursdays	5:45-6:30pm	June 18,25	2 Classes	\$30	Clareview Arena

NOTE: CLAREVIEW ARENA

CanSkate Summer (July/August 2020)

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CanSkate Camp #4	Mon-Thurs	5:45-6:30pm	July 27,28,29,30	4 Classes	\$60	Castle Downs
CanSkate Camp #5	Tue-Thurs	5:45-6:30pm	Aug. 4,5,6	3 Classes	\$45	Castle Downs

CDA= Castle Downs Arena



**Registration Form
2020 PRE-CANSKATE & CANSKATE (June to August)**

Skater's First Name: _____ Last Name: _____

Parents Name(s) or Guardian(s): _____

Address: _____
Street City Postal Code

Phone #: _____ Emergency Phone #: _____ DOB (d/m/y) _____

Email: _____ Age in years: _____ Male/Female

Mandatory Skate Canada Membership \$42.00

LIABILITY WAIVER and RELEASE

I give permission for my child _____ to participate in the Fliteway Skating Club skating programs and/or additional activities. This includes all on-ice and off-ice sessions, and any other programs offered by Fliteway Skating Club. It is understood and agreed, as a condition of participation in skating programs offered by the Fliteway Skating Club, and Skate Canada, that neither the Club nor Skate Canada shall be liable for any injury, loss, or damage suffered by the above noted member while traveling to or from or while participating in skating practices, competitions, or other activities, however caused. The member, or his/her parent/legal guardian who has signed this form, shall indemnify the Club and Skate Canada and hold them harmless from any claims, demands or actions arising from or in respect of such injury, loss or damage. The Fliteway Skating Club has my permission to publish my child's name, picture and / or results for advertising, publicity, displays, and/or any written acknowledgment.

_____ **Yes** _____ **No**

Signature – PARENT or LEGAL GUARDIAN DATE

Signature - I AM AWARE THERE IS A NO REFUND POLICY

Please complete both sides of this form!

**~ PLEASE REGISTER ONLINE ~
if you require assistance / complete Part B of this form / see our office manager for processing**

**Registration Form Part B
PRE-CANSKATE & CANSKATE**

Credit Card Payments: Visa/MC# _____ Expiry Date: _____

Pre-CanSkate Program (June 2020)

					Payment	SCM \$42.00	Total
Pre-Can #6	Tuesdays	5:45-6:30pm	2 Classes	\$30.00			
Pre-Can #7	Thursdays	5:45-6:30pm	2 Classes	\$30.00			

Pre-CanSkate Summer Camps (July/August, 2020)

					Payment	SCM \$42.00	Total
Camp 1	Mon-Thurs	5:45-6:30pm	4 Classes	\$60.00			
Camp 2	Mon-Thurs	5:45-6:30pm	4 Classes	\$60.00			
Camp 3	Mon-Thurs	5:45-6:30pm	4 Classes	\$60.00			
Camp 4	Mon-Thurs	5:45-6:30pm	4 Classes	\$60.00			
Camp 5	Mon-Thurs	5:45-6:30pm	3 Classes	\$45.00			

CANSKATE

CanSkate Program (June 2020)

					Payment	SCM \$42.00	Total
CanSkate #6	Tuesdays	5:45-6:30pm	2 Classes	\$30.00			
CanSkate #7	Thursdays	5:45-6:30pm	2 Classes	\$30.00			

CanSkate Summer Camps (July/August, 2020)

					Payment	SCM \$42.00	Total
Camp 1	Mon-Thurs	5:45-6:30pm	4 Classes	\$60.00			
Camp 2	Mon-Thurs	5:45-6:30pm	4 Classes	\$60.00			
Camp 3	Mon-Thurs	5:45-6:30pm	4 Classes	\$60.00			
Camp 4	Mon-Thurs	5:45-6:30pm	4 Classes	\$60.00			
Camp 5	Mon-Thurs	5:45-6:30pm	3 Classes	\$45.00			

Register Online through our website: www.fliteway.ca



Where skating takes flite.



2020 Pre-CanSkate/CanSkate Information Sheet

First Day

Please arrive at the arena at least 20 minutes before your session starts. Assigned change rooms will be posted on the arena board. Pre-CanSkate skaters will have a 15 minute off-ice warm up prior to going on the ice. Your child will need to have their skates, CSA certified hockey helmet, and skating clothes on for the warm-up. Skate guards are highly recommended! Pre-CanSkate will meet inside their assigned change rooms prior to the start of the class. Once the off-ice warm-up has started, skaters will be looked after by the coach and no further assistance from the parents will be needed. CanSkaters will meet by the ice surface prior to the start of your class.

Equipment

We strongly recommend you purchase “lace-up” skates instead of molded; this includes both hockey and figure skates. When buying skates, make sure they fit properly. Look for skates with good ankle support. Have your child walk around in their skates prior to buying them. Check to make sure their ankles remain upright and well supported. How well they walk in their skate's off-ice will often be a good indication on how they will do on ice. Avoid buying skates 1 or 2 sizes to big (skates need to be snug in the heel area with a slight bit of wiggle room in the toe area). Light socks that are breathable work the best vs heavy sports socks. Skate guards protect your blades and will prevent premature dulling. When the skater has finished skating, a soft cloth can be used to wipe the blades off. Skate guards should never be placed back on the blades after they have been wiped dry.

CSA Certified Hockey Helmets

CSA Certified Hockey Helmets are Mandatory for both the Pre-CanSkate and CanSkate programs. Look for helmets that that have the CSA sticker. **NO BIKE HELMETS!** Skaters should wear athletic type of clothing and avoid bulky snow pants, or jeans. It is best to dress in layers to prevent your child from getting cold. (Don't forget Mitts or gloves)

Communication

Good communication is important to us! Most of our communication including newsletters, updates, class changes, etc. will be through email. Please make sure you email address on your Uplifter Account is up to date. We also recommend following us on Facebook. Usually any alerts will be posted on social media first.

What you can expect

Please keep in mind that Pre-CanSkate and CanSkate are group lesson programs. We usually keep the groups around 6 to 10 skaters per/coach with a 1 or more program assistants as needed. Each session will consist of a warm-up, group lesson, short game or fun activity, followed by 5 minutes of free time or practice time. There will be some movement (skaters changing groups) within the first few sessions as we sort out the best group to suit and challenge your child's skating level.

Badges/Certificates

Pre-CanSkate will receive certificates. CanSkate will receive badges and report cards. There are 6 different badges (levels) in the CanSkate program. Each badge becomes progressively more challenging. Badges with report cards will be rewarded on the last day of each session. Please keep in mind that not all skaters will receive a badge every session.

Arena Locations

Castle Downs Arena: 11520-153 Ave. Edmonton
Clareview Arena (June Only) 3804 139 Ave.

Cash / Credit Card Payments

Office Hours

Tuesday, Wednesday, Thursday
5:30-7:00pm, Castle Downs Arena

Register online or in person during office hours

Current office hours can also be located on the front page of our website